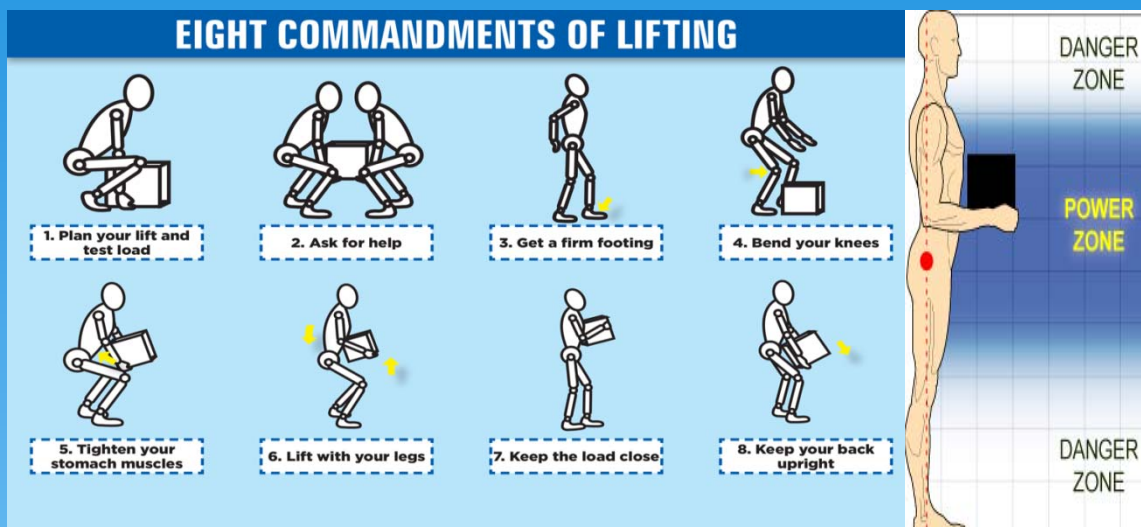


LESSONS LEARNED FROM LOSSES

MONTHLY NEWSLETTER – SEPTEMBER 2016

LIFTING SAFETY



- Of all New Jersey Municipal Workers Compensation claims, 80% involve either the Police Department or Department of Public Works.
 - Of those claims, lifting injuries are the leading cause for both departments (49% for DPW and 25% for PD).
 - When employees use “smart lifting” practices and work in their “power zones” they are less likely to suffer from strains and sprains, muscle pulls, spinal injuries and other injuries.
 - Make sure employees take 15 seconds to think and ask themselves, “am I abiding by the safety rules” and “do I have the right people and equipment.”
- Employee injured while moving ammunition boxes. Claim is open with payments of almost \$97,000.
 - Employee injured while removing equipment from trunk. Claim is open with payments of almost \$130,000.
 - Employee injured carrying patient in stair chair when injured. Claim is open with payments at just over \$131,000.
 - Employee injured while lifting multiple trashcans filled with water. Claim is open with payments at almost \$96,000.

OTHER THINGS TO KEEP IN MIND

- ✓ **Take pictures, take pictures, take pictures**
- ✓ **Ladder Safety - njmel.org > Safety > Safety Bulletins/Checklists > ladder safety**

NEXT MONTH

BE YOUR OWN RISK MANAGER!