



In the Spotlight

Fairfield Township

Regardless of the number of employees, any township can make a difference if they are willing to make the effort. Fairfield Township set a goal to offer a "Lunch and Learn" every month throughout the summer. With the support of their Administrator, Michael, and the dedication and commitment from their Safety Coordinator, Alphonso, they were able to do just that!

Lunch and Learns throughout the summer consisted of: Diabetes and Your Body; Combating a Sedentary Lifestyle; and Sleep to Better Health. Participation was exceptional at every one and a valiant effort was made to offer healthy lunch choices!

Thank you Fairfield Township for putting your employees health and well-being first! Let's keep the momentum going!



Do you have a story you'd like me to share? Please email me at debby_schiffer@targetingwellness.com.